

REST IN READING FOR RELATIONSHIP

March 24, 2019 John 5:39-40 by Bob Branch
@Rest series, part 8

Why read the Bible?

BIG IDEA: Read for Relationship and Rest will follow.

“You search the Scriptures because you think they give you eternal life. But the Scriptures point to me! Yet you refuse to come to me to receive this life.”

John 5:39-40 NLT

Meditate: “...but whose delight is in the law of the LORD, and who meditates on his law [word] day and night. **Psalm 1:2**

Surrender: “let the peace of Christ rule in your hearts, to which indeed you were called in one body. And be thankful. Let the word of Christ dwell in you richly...”
Colossians 3:15-16 ESV (Ps. 119:11)

Receptivity: “Speak, LORD, for your servant is listening.”
1 Samuel 3:9

“Mary sat at the Lord’s feet listening to what he said.” **Luke 10:39** NIV

Reading for relationship and *Lectio Divina*

Get overall gist with a **good Bible handbook** like *How To Read The Bible Book by Book* (Gordon Fee, Doug Stewart)

1. **Preparation** (*Silencio*). **Quiet your heart and thoughts.** (Is. 32:17; Ps. 46:10)
2. **Read** (*Lectio*): **Listen for the word or phrase that is addressed to you.** (Josh 1:8)
3. **Reflect** (*Meditatio*): **How is my life touched by this word?** (Josh 1:8; Ps. 1:2)
4. **Respond** (*Oratio*): **What is my response to God based on what I have read and encountered?** (Jas. 1:22f; Mt. 7:24)
5. **Rest** (*Contemplatio*): **Rest in the Word of God.** (Is. 30:15)
6. **Resolve** (*Incarnatio*): **Incarnate (live out) the Word of God.** (John 4:34; 5:19-20)