

## WHAT MAKES YOU ANXIOUS?

October 19, 2014 Matthew 6:19-24 by Bob Branch  
The Truly Liberated Life, Part 19

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### Q: *What makes you anxious?*

**MAIN IDEA:** Jesus answers the question “What makes us anxious?” and shows us the way out. What we treasure, what we focus our sights upon, and what we look to for security are primary sources of our anxiety. Because we naturally gravitate toward the wrong targets in these areas, Jesus addresses how God’s kingdom changes this.

<sup>19</sup> “Do not store up for yourselves treasures on earth, where moth and rust destroy, and where thieves break in and steal. <sup>20</sup> But store up for yourselves treasures in heaven, where moth and rust do not destroy, and where thieves do not break in and steal. <sup>21</sup> For where your treasure is, there your heart will be also.

### 1. We get anxious when we TREASURE THINGS THAT WILL NOT LAST.

Earthly treasures are subject to *nature’s corrosion, time’s decay, people’s dismantling.*

Addressing the issue of durability.

**Our hearts will always follow our treasures.**

“Do not love the world or anything in the world. If anyone loves the world, love for the Father is not in them.” **1 John 2:15**

Heavenly treasure

**Where is your treasure?** *What we’re anxious about might reveal where?*

<sup>22</sup> “The eye is the lamp of the body. If your eyes are good, your whole body will be full of light. <sup>23</sup> But if your eyes are bad, your whole body will be full of darkness. If then the light within you is darkness, how great is that darkness!

### 2. We get anxious when we FOCUS ON ANYTHING WITHOUT GOD.

“light”... truly “of God” (1 Jn. 1:5; Jn. 1:4-5, 9). (2 Cor. 11:14).

### What constitutes Good and Bad vision?

- If we see **anything without/separate from God**, it becomes darkness. Any focus that leaves God out will create darkness.  
“The fool says in his heart, “~~There is~~ no God.” **Psalm 14:1**
- If we **see things with God, thru his lens, values and truth**, it can become light to us.  
“Set your minds on things above, not on earthly things.” **Colossians 3:2** (Phil. 4:8)  
“seek first his kingdom and his righteousness” **Matthew 6:33**

### What will we allow to get our attention?

<sup>24</sup> “No one can serve two masters. Either he will hate the one and love the other, or he will be devoted to the one and despise the other. You cannot serve both God and mammon.

We are always serving something/one.

“Mammon”... bigger than money.

What do you look to for security?

### 3. We get anxious when we TRUST ANYTHING OTHER THAN GOD FOR SECURITY.

**You can only serve one master/God at a time.**

“I am the LORD your God, who rescued you from the land of Egypt, the place of your slavery. “You must not have any other god but me.” **Exodus 20:2–3** NLT

Where do you look for security?