JOY ENTERED OUR WORLD

December 24, 2017 Luke 2:10 by Bob Branch Christmas Eve 2017

BIG IDEA: When Jesus entered our world, joy came with him. And, whoever trusts him and receives him has the capacity for this joy inside them all the time.

"my spirit rejoices in God my Savior" Luke 1:47

"As soon as the sound of your greeting reached my ears, the baby in my womb leaped for joy." **Luke 1:44**

"I bring you good news that will cause great joy for all the people," Luke 2:10

When they saw the star, they were overjoyed." Matt. 2:10

1. Why CAN we have joy in this joyless world?

- God showed up. He came for us.
- Our sins can be and have been forgiven.
- The coming King has come to live in us now by his Spirit.
- He's given us his words, & they've found their place in us.
- Because we are loved.
- Because God is no longer out there somewhere. He came. He's here. He's near. He saves.

God came after us. (Luke 15)

People on earth are incredibly valuable to God, and at the same time, incredibly lost.

2. We may NOT have joy because:

• We are afraid, anxious or worried

- We let our pain/failure/sin/shame/past/guilt define us.
- We are caught on the treadmill of pleasing people.
- We are constantly comparing ourselves.
- We are nursing a grudge.
- We've surrounded ourselves with too many *Eeyores*.
- We don't to make the *changes* that following Jesus requires.
- We do not believe his *grace is enough*.
- We do not have Jesus in our lives.
- We may have Jesus, but fail to reframe...

Anxiety is a major joy-stealer.

"Cast all your anxiety on him because he cares for you." **1 Peter 5:7** (Matthew 11:28–30)

3. We can access this joy by:

Reframing every situation in our lives through the lens that God *loves* me, is *for* me, *with* me, *near* me, and *in* me. Because of this, I have the resources to meet each challenge.

¹**SLOW DOWN**. (Psalm 46:10)

²AGREE with who God is and what he's said (especially about you). (John 15:11; 8:32)

³<u>REFRAME</u> your situation in light of what God says. (Phil. 4:13; 2 Cor. 4:17)

⁴Pray it, and declare it <u>ALOUD</u>. (Rom. 10:10)

⁵Start <u>THANKING</u> him (for everything).

Gratitude & joy are inseparable. (Phil. 4:6-7; 2 Thess. 5:18)