

THE CURE FOR THE TROUBLED HEART ²

June 3, 2018 John 14:11-35 by Bob Branch

Finding Jesus, Finding Life part 42

What troubles your heart? How do you deal with your troubled heart?

BIG IDEA: In troubled times, there is a kind of relationship with God that sustains you—an abiding one. Everything comes from that relationship.

¹⁰ ...I am **in the Father**, and that the **Father is in me?** ... it is the Father, **living in me**, who is doing his work.

The Father is **AT HOME** within him, living in him, indwelling him, sharing life with him.

¹² Very truly I tell you, whoever **believes in me** will do the works I have been doing, and they will do even greater things than these, because I am going to the Father. ¹³ And I will do whatever you ask **in my name**, so that the Father may be glorified in the Son. ¹⁴ You may ask me for anything **in my name**, and I will do it.

This is an invitation to **DREAM big with God's purposes, ASK big, PARTNER with God in big things and EXPECT big results! In troubled times, BE ABOUT MY WORK.**

¹⁵ "If **you love me**, **keep** my commands...the Spirit of truth... lives **with you** and **will be in you**... On that day you will realize that **I am in my Father**, and **you are in me**, and **I am in you**. ²¹ Whoever has my commands and **keeps** them is **the one who loves me**. The one who loves me will be loved by my Father, and I too will love them and show myself to them."

John 8:29, 14:24; 5:20; 5:30

Loving Jesus is living in attentive **RESPONSIVENESS** to him. This is what says "I love you" to Jesus.

You are never without someone **IN YOUR CORNER**.

Jesus is modeling a new kind of relationship with God that will be ours. The Spirit opens our eyes to this new reality of God finding his home in us, and us finding our home in him.

²³ "Anyone **who loves me** will **keep** my teaching. My Father will love them, and we will come to them and **make our home with them**.

Human beings are complete when they are **FILLED** with the right things.

²⁶ the Advocate, the Holy Spirit, whom the Father will send in my name, will **teach** you all things and will **remind** you of everything I have said to you. ²⁷ Peace I leave with you; **my peace** I give you. I do not give to you as the world gives.

In troubled times, Jesus gives us his peace through his **ABIDING PRESENCE** of the Spirit.

How does this relate to NOT letting your heart be troubled?

- In the midst of the troubles, Jesus is calling us to **partner with him in something larger** than ourselves—to invest in his purposes, his work.
- Trouble times can garner all our attention, but when we **simplify our focus on being attentive** and responsive to Jesus, the weight of the trouble lightens.
- The **Spirit of God is in our corner all the time**—especially, in troubled times. When we are tempted to fill ourselves with all kinds of things, we can **settle back and rest** in the presence of the Holy Spirit, who is always with us.