

## THE GRATEFUL MINDSET

November 18, 2018 Colossians 3:12-17 by Bob Branch  
Thanksgiving 2018

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Thankful people are happier people.

**BIG IDEA:** The practice of giving thanks is a huge part of how God transforms us and leads to a mindset of gratitude, that lightens everything in life.

<sup>15</sup> Let the peace of Christ rule in your hearts, since as members of one body you were called to peace. And be thankful. <sup>16</sup> Let the message of Christ dwell among you richly as you teach and admonish one another with all wisdom through psalms, hymns, and songs from the Spirit, singing to God with gratitude in your hearts. <sup>17</sup> And whatever you do, whether in word or deed, do it all in the name of the Lord Jesus, giving thanks to God the Father through him.

**Colossians 3:12-17**

- “Let”
- *eucharistia*
- Upward *and* outward

**1. Thankful is a CULTIVATED state of being.** “Be thankful”

**2. Giving thanks is how GOD’S PEACE REIGNS within you.**

“Do not be anxious about anything, but in every situation, by prayer and petition, with thanksgiving, present your requests to God. And the peace of God, which transcends all understanding, will guard your hearts and your minds in Christ Jesus.” **Philippians 4:6-7**

**3. Giving thanks is part of how you AGREE WITH God and his freeing truth—and how truth takes its place within you.** *Truth gets into us when we thank God for it.*

“Give thanks to the LORD, for he is good; his love endures forever.” **Psalm 107:1**

**4. Giving thanks AWAKENS OUR AWARENESS of God in everyday life.**

“Rejoice always, pray continually, give thanks in all circumstances; for this is God’s will for you in Christ Jesus.” **1 Thessalonians 5:16–18** (Col. 2:7)

Upward—Outward... like breathing!