

HOW TO HELP A HURTING FRIEND

July 14, 2019 Job 2:11-13 by Bob Branch

Thinking About Suffering with Faith and Truth, part 3

BIG IDEA: How do you help a hurting friend?

¹¹ When Job's three friends, Eliphaz the Temanite, Bildad the Shuhite and Zophar the Naamathite, heard about all the troubles that had come upon him, they set out from their homes and met together by agreement to go and sympathize with him and comfort him.

1. They WENT TO their friend.

"From his own place each one came"

"Carry each other's heavy loads." If you do, you will give the law of Christ its full meaning." **Galatians 6:2**

"the goal of our instruction is love that comes from a pure heart, a good conscience, and a sincere faith."

1 Timothy 1:5 CSB

¹² When they saw him from a distance, they could hardly recognize him; they began to weep aloud, and they tore their robes and sprinkled dust on their heads.

2. They ENTER INTO the pain of their friend.

"Moved with compassion," Jesus touched their eyes. Immediately they received their sight and followed him." **Matthew 20:34 NET**

"Praise be to the God and Father of our Lord Jesus Christ, the Father of compassion and the God of all comfort, who comforts us in all our troubles, so that we can comfort those in any trouble with the comfort we ourselves receive from God." **2 Corinthians 1:3-4**

¹³ Then they sat on the ground with him for seven days and seven nights. No one said a word to him, because they saw how great his suffering was.

3. They SAT WITH their friend in silence.

"be quick to listen, slow to speak and slow to become angry" **James 1:19**

Quietly present.

- *Have people tried to fix you?*
- *Who have you tried to help and completely blundered it?*
- *Who has God placed in your world who is hurting right now?*