

COME, WHO ARE WEARY & BURDENED

July 4, 2021 Matthew 11:28-30 by George Kong

BIG IDEA: Jesus invites us, who are weary and burdened, to come to Him, to follow His perspective, His mission, His way and to experience His Rest.

“²⁸ Come to me, all you who are weary and burdened, and I will give you rest. ²⁹ Take my yoke upon you and learn from me, for I am gentle and humble in heart, and you will find rest for your souls. ³⁰ For my yoke is easy and my burden is light.” **Matthew 11:28-30**

Background: In the gospel of Matthew, Jesus was talking to the people who are exhausted because they have been working hard, in their own ways, in their own strengths. The “heavy load” in the scripture was referring to the numerous (600+) stipulations that the Pharisees had added to the Old Testament Law, the Law given through Moses. These extra regulations were intended to make God’s Law more applicable in everyday life; however, the bewildering detail of the numerous regulations actually made them, on the whole, impractical (Matt. 23:2-4). Moreover, these religious regulations missed God’s intent in his Law: justice, mercy, and faith (Matt. 23:23).

1. _____, because He has come to us.
2. Take _____ upon you and _____ from Jesus.
3. _____ is sufficient.