

THE SECRET SAUCE OF HUMILITY

August 22, 2021 Matthew 11:28-30 by Bob Branch
The Power and Complexity of Forgiveness, Part 16

BIG IDEA: Humility is secret sauce of reconciliation, and of deep, connected relationships.

²⁸ “Come to me, all you who are weary and burdened, and I will give you rest. ²⁹ Take my yoke upon you and learn from me, for I am gentle and humble in heart, and you will find rest for your souls. ³⁰ For my yoke is easy and my burden is light.” **Matthew 11:28-30**

To THEM

To YOU

You can come to him because he’s humble and gentle.

- **He is always open and inviting to you.**
- **He sees through mercy, not judgment.** (Jn. 3:17)
- **He calls you to follow—learn him and his ways.** (Eph. 4:20)
- **He is gentle with you.**

“Where are they? Has no one condemned you?” “No one, sir,” “Then neither do I condemn you... Go now and leave your life of sin.” **John 8:10-11**

- **He is humble—non-threatening.**

“Lord, if you are willing, you can make me clean.” Jesus reached out his hand and touched the man. “I am willing,” he said. “Be clean!” Immediately he was cleansed” **Matthew 8:2-3**

- **His lightness and ease set your soul at rest.**

“These are his commands: that we continually place our trust in the name of his Son, Jesus Christ, and that we keep loving one another, just as he has commanded us.”

1 John 3:23 TPT

Jesus is MODELING relationship.

AND the ATMOSPHERE for reconciling with others.

THE JESUS APPROACH:

—OPEN & INVITING:

—WITHOUT JUDGEMENT: *Safe.*

—LEARNING FOCUS:

—HUMBLE: The secret sauce.

“All of you clothe yourselves with humility toward one another, because “God resists the proud but gives grace to the humble.” Humble yourselves, therefore, under the mighty hand of God, so that he may exalt you at the proper time” **1 Peter 5:5-6 CSB**

—RELATIONAL (not procedural):

IN PRACTICE:

1. _____ to Jesus.
2. _____ to 1-2 people close to you.
3. _____ broken relationship this week, utilizing the secret sauce of humility.