

## CONTENT & JOYFUL NO MATTER WHAT

April 3, 2022 Philippians 4:10-13 by Bob Branch  
Joy Infusion, part 21

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*Are you content? How content are you?* (1 Tim 6:6)

**BIG IDEA: You can be Content and Joyful, no matter what, by engaging God and learning his open secret.**

“I rejoiced greatly in the Lord that at last you renewed your concern for me. Indeed, you were concerned, but you had no opportunity to show it. <sup>11</sup> I am not saying this because I am in need, for **I have learned to be content whatever the circumstances.** <sup>12</sup> I know what it is to be in need, and I know what it is to have plenty. I have **learned the secret of being content in any and every situation**, whether well fed or hungry, whether living in plenty or in want. <sup>13</sup> I can do all this through him who gives me strength.” **Philippians 4:10-13**

### 1. Participate in God’s \_\_\_\_\_ . (11)

“All the believers were one in heart and mind. No one claimed that any of their possessions was their own, but they shared everything they had.” **Acts 4:32**

*“give to get to give to get to give...”*

“Let the thief no longer steal. Instead, he is to do honest work with his own hands, so that he has something to share with anyone in need.” **Eph. 4:28** CSB

‘It is more blessed to give than to receive.’ **Acts 20:35**

### 2. \_\_\_\_\_ to be Content. (11-12)

Biblically contentment is being calm & satisfied, pleased, sufficient; satisfied living with what God gives. Self-sufficient without self-reliance. Not needy.

- **Assess situations with God** (Is. 55:8-9; Rom. 8:28)
- **Let go of self-reliance** (2 Cor. 1:8-10)
- **Release the concern/burden to him** (1 Pet. 5:7)
- **Simplify** (1 Tim. 6:6; Acts 4:32,34)
- **See everything as a gift** (1 Cor. 4:7)
- **Give thanks.** (1 Thess. 5:18; Phil. 4:6)

### 3. \_\_\_\_\_ that circumstances will vary under God’s Will—but his goodness won’t. (12)

“I know how to make do with little, and I know how to make do with a lot. In any and all circumstances I have learned the secret of being content—whether well fed or hungry, whether in abundance or in need.” **Philippians 4:12** CSB

### 4. Engage God & His strength thru \_\_\_\_\_ . (13)

“he who is in you is greater than he who is in the world.” **1 John 4:4** ESV

**God’s strength, no matter what, is yours and is in you and you can draw on it because it is HIM and He lives in you.**

**VISION:** *What would your world look like with contentment? Envision it.*