

CONSIDER THE LILIES

How to Fall Asleep

Jan 21, 2024 Luke 12:22-34; Psalm 23

By Kevin Springer

Luke 12:22-34

Psalm 127:2 “It is in vain that you rise up early and go late to rest, eating the bread of *anxious* toil; for he gives to his beloved sleep.”

Anxiety, def.: An uneasiness about future uncertainties or a fearful concern. Fear. Worry.

Two Kinds of Anxiety

Specific Anxiety: fears common to life...

Matthew 8:24-26

Non-Specific Anxiety: fears that are real but elusive, often difficult to articulate, vague. Angst! Dread.

Consider the Ravens and the Lilies

Work without Fear

The Main Business of the Christian Life: Seeking after the kingdom of God

How to Fall Asleep, A Modest Model

Psalm 1:1-2 Blessed is the man... [whose] delight is in the law of the LORD, and on his law he *meditates* day and night.

The 23rd Psalm, a Meditations